

**2017 NGA 'Old Navy' Natural ProAm Classic
Bodybuilding, Figure, Physique and Bikini Championships
Super Pro Qualifier
Saturday, July 8, 2017**

Eligible: Open to all natural amateur athletes who hold a current National Gym Association (NGA) membership card. The NGA card (\$65.00) must be purchased in advance from the National Gym Association on their web site: www.nationalgym.com. You will need to show your current card or have your NGA membership number at check-in on Friday.

Drug Test: All athletes are required to take a pre-contest drug test on Friday at check-in. Fee for the drug test (\$35.00) can be paid in advance or by cash only at check-in.

Location: The competition on Saturday will be held at Homewood High School, 1901 Lakeshore Drive South, Homewood, Alabama 35209

Time: Saturday prejudging check-in at 8:30 AM. Prejudging begins at 10:00 AM. Evening Show check-in at 4:00 PM – show begins at 5:00 PM.

Music: Bodybuilders must bring a pre-recorded CD with a maximum of 90-seconds of music for your posing routine. Figure, Physique and Bikini competitors will perform routines to house music.

Awards: This event is a Tier IV Super Pro Qualifier. An NGA Pro Card will be awarded to the winner of each Men's and Women's Open class with at least five athletes competing, making the class a Pro Qualifier. An NGA Masters Pro Card will be awarded to the winner of each Men's and Women's Masters Class with at five athletes competing, making the class a Masters Pro Qualifier.

Trophies: Trophies or medallions will be awarded to the first five places for each class and Overall winners. A Male and a Female "Best Entertainer" trophy will be awarded regardless of class.

Fees: One Class \$65.00; Each Crossover Class \$45.00; Drug Test \$35.00 (in advance or cash only at check-in).

Deadline: Entry form and payment by check or money order must be in by July 1, 2017. After July 1, a late fee of \$50.00 will be imposed. Promotes have the option not to accept late entries. No walk-on entries will be allowed on the day of the event.

Check-in: All athletes must check-in and take a drug test on Friday, July 7 from 4-8 PM at the Vestavia Express YMCA, 2086 Columbiana Road, Birmingham, AL 35216 205 823-0144.

Bodybuilders must wear their posing suit during the weigh-in.

Information: Scott Hults 205 901-8520

Web Site: www.ngaoldnavyproamclassic.com

Facebook: NGA 'Old Navy' ProAm Classic

Email: ngaoldnavyclassic@gmail.com

2017 NGA 'Old Navy' Natural ProAm Classic Entry Form (1):

Your Name: _____

Men's Open Bodybuilding

- Lightweight – To 156 ¼ pounds**
- Middleweight – Over 156 ¼ to 172 ¼ pounds**
- Light Heavyweight – Over 172 ¼ pounds to 189 ¼ pounds**
- Heavyweight – Over 189 ¼ pounds**
- Mr. NGA Alabama Open Bodybuilding**

Men's Classic Bodybuilding Physique

- Open**
- Masters 40 – 49**
- Grand Masters 50 – 59**
- Super Grand Masters 60+**
- Mr. NGA Alabama Classic Physique Bodybuilding**

Women's Open Bodybuilding

- Open**
- Ms. NGA Alabama Open Bodybuilding**

Women's Masters Bodybuilding

- Masters 35 - 44** **Grand Masters 45+**
- Ms. NGA Alabama Masters Bodybuilding**

Women's Open Figure: Height Classes to be Announced

Ms. NGA Alabama Open Figure

Women's Masters Figure

- Masters 35 – 44** **Grand Masters 45+**
- Ms. NGA Alabama Masters Figure**

Women's Open Bikini: Height Classes to be Announced

Ms. NGA Alabama Open Bikini

Women's Masters Bikini 35+: One Class

Ms. NGA Alabama Masters Bikini

2017 NGA 'Old Navy' Natural ProAm Classic Entry Form (3):

Waiver in consideration of your accepting this entry:

“I hereby intend to be legally bound for myself, my heirs, executors and administrators, and wave and release any and all rights and claims for damages I may have against the NGA, the event promoters, Homewood High School and any and all sponsors, agents, representatives and assigns for any and all injuries and/ or losses suffered by me as a result of my participation and/or attendance at the 2017 NGA Alabama Natural Open Bodybuilding, Classic Bodybuilding Physique, Figure, Physique and Bikini Championships.”

Signature or Signature of Parent or Guardian (if under 18)

Name _____

Age _____ **Date of Birth** _____ **Height** _____ **Weight** _____

Address _____

City _____ **State** _____ **Zip** _____

Email _____

Cell Phone _____

Occupation _____

Gym or Fitness Center _____

Contest Experience _____

The MC will introduce you at the Evening Show. What is the one special thing you want the audience to know about you?
