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2019 NGA 'Old Navy' Natural ProAm Classic Bodybuilding, Figure, Physique and Bikini Championships Super Pro Qualifier Saturday, June 29, 2019

Eligible: Open to all natural amateur athletes who hold a current National Gym Association (NGA) membership card. The NGA card (\$75.00) must be purchased in advance from the National Gym Association on their web site: www.nationalgym.com. You will need to show your current card or have your NGA membership number at check-in on Friday.

Drug Test: All athletes are required to take a pre-contest drug test on Friday at check-in. Fee for the drug test (\$35.00) can be paid in advance or by cash only at check-in.

Location: The competition on Saturday will be held at the Trussville Civic Center, 5381 Trussville Clay Road, Trussville, Alabama 35173

Time: Saturday check-in at 8:30 AM. This is a one-session show and begins at 11:00 AM. Prejudging will be followed immediately by individual routines. Awards ceremony will follow after a short intermission.

Music: Bodybuilders must bring a pre-recorded CD with a maximum of 90-seconds of music for your posing routine. Figure, Physique and Bikini competitors will perform routines to house music.

Awards: This event is a Tier IV Super Pro Qualifier. An NGA Pro Card will be awarded to the winner of each Men's and Women's Open class with at least five athletes competing, making the class a Pro Qualifier. An NGA Masters Pro Card will be awarded to the winner of each Men's and Women's Masters Class with at five athletes competing, making the class a Masters Pro Qualifier.

Trophies: Medallions will be awarded to the first five places for each class and Overall winners. A Male and a Female "Best Entertainer" medallion will be awarded regardless of class.

Fees: One Class \$65.00; Each Crossover Class \$45.00; Mr or Ms Alabama \$25.00 for any class; Drug Test \$35.00 (in advance or cash only at check-in).

Deadline: Entry form and payment by check or money order must be in by June 21, 2019. After June 21, a late fee of \$60.00 will be imposed. Promoter have the option not to accept late entries. No walk-on entries will be allowed on the day of the event.

Check-in: All athletes must check-in and take a drug test on Friday, June 28 from 3-7:30 PM at the Trussville Civic Center, 5381 Trussville Clay Road, Trussville, AL 35173, 205-665-9486

Bodybuilders must wear their posing suit during the weigh-in.

Information: Scott Hults 205 901-8520

Web Site: www.ngaoldnavyproamclassic.com

Facebook: [NGA 'Old Navy' ProAm Classic](#)

Email: ngaoldnavyclassic@gmail.com

SEND IN THIS FORM (1)

2019 NGA 'Old Navy' Natural ProAm Classic Entry Form (1):

Your Name: _____

Men's Open Bodybuilding

- Lightweight – To 156 ¼ pounds
- Middleweight – Over 156 ¼ to 172 ¼ pounds
- Light Heavyweight – Over 172 ¼ pounds to 189 ¼ pounds
- Heavyweight – Over 189 ¼ pounds
- Mr. NGA Alabama Open Bodybuilding

Men's Classic Bodybuilding Physique

- Open
- Masters 40 – 49
- Grand Masters 50 – 59
- Super Grand Masters 60+
- Mr. NGA Alabama Classic Physique Bodybuilding

Women's Open Bodybuilding

- Open
- Ms. NGA Alabama Open Bodybuilding

Women's Masters Bodybuilding

- Masters 35 - 44 Grand Masters 45+
- Ms. NGA Alabama Masters Bodybuilding

Women's Open Figure: Height Classes to be Announced

Ms. NGA Alabama Open Figure

Women's Masters Figure

- Masters 35 – 44 Grand Masters 45+
- Ms. NGA Alabama Masters Figure

Women's Open Bikini: Height Classes to be Announced

Ms. NGA Alabama Open Bikini

Women's Masters Bikini 35+: One Class

Ms. NGA Alabama Masters Bikini

SEND IN THIS FORM (2)

2019 NGA 'Old Navy' Natural ProAm Classic Entry Form (2):

- Men's Physique: One Class
- Mr. NGA Alabama Open Physique

- Women's Physique: One Class
- Ms. NGA Alabama Open Physique

Fees:

- NGA Membership Card: \$75.00 (Purchase from NGA directly)

- Drug Test: \$35.00 \$ _____

- Entry Fee for One Class: \$65.00 \$ _____

- Entry Fee for Crossover Class: \$45.00 \$ _____

- Second Crossover: \$45.00 \$ _____

- Entry Fee for Mr or Ms NGA Alabama: \$25.00 \$ _____
(one time fee for any class)

- Tickets for All-day: \$25.00 \$ _____

- Total Fees and Tickets: \$ _____

Send the completed Entry Form (**three pages**) along with your check or money order made out to:

NGA Old Navy Classic

And send your entry form (**three pages**) and payment to:

Scott Hults, Chairman
4309 Wind Song Trail
Trussville, AL 35173-2802

SEND IN THIS FORM (3)

2019 NGA 'Old Navy' Natural ProAm Classic Entry Form (3):

Waiver in consideration of your accepting this entry:

"I hereby intend to be legally bound for myself, my heirs, executors and administrators, and wave and release any and all rights and claims for damages I may have against the NGA, the event promoters, Trussville Civic Center and any and all sponsors, agents, representatives and assigns for any and all injuries and/ or losses suffered by me as a result of my participation and/or attendance at the 2019 NGA Alabama Natural Open Bodybuilding, Classic Bodybuilding Physique, Figure, Physique and Bikini Championships."

Signature or Signature of Parent or Guardian (if under 18)

Name _____

Age _____ Date of Birth _____ Height _____ Weight _____

Address _____

City _____ State _____ Zip _____

Email _____

Cell Phone _____

Occupation _____

Gym or Fitness Center _____

Contest Experience _____

The MC will introduce you at the Evening Show. What is the one special thing you want the audience to know about you?

